OFFICIAL EVENT GUIDE

BATTERSEA PARK

5K · 10K · HALF MARATHON

SATURDAY 14TH NOVEMBER 2026



VENUE

SW11 4NJ

EVENT VILLAGE OPENS

9:00AM

EVERYTHING YOU NEED FOR RACE DAY

Travel, race pack, the course and your results — tap any button or card in this guide to open the link.

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WELCOME

A MESSAGE FROM YOUR RACE DIRECTOR

Welcome to Battersea Park! Everything you need for race day is in this guide: how to get here, your race pack, the course and what happens at the finish. Whether you're chasing a PB or running your first race, we can't wait to see you on the start line.

R

THE RUNTHROUGH TEAM
RUNTHROUGH

RACE WEEK UPDATES

If anything changes before race day — timings, the course or the weather — we'll email you at the address you booked with and on our social channels (@runthroughuk). Keep an eye on your inbox (and junk folder) in the days before.



GETTING HERE

IMPORTANT

PLEASE NOTE

Please note: dogs and bikes are not permitted inside the Millennium Arena!

EVENT LOCATION

MILLENNIUM ARENA BATTERSEA PARK, CARRIAGE DR E, LONDON SW11 4NJ

PARKING

There are limited paid parking facilities within Battersea Park however we recommend exploring alternative transportation options.

PUBLIC TRANSPORT

The best and easiest way to get to Battersea Park is via the underground/train network. The closest tube/train stations are Battersea Power Station, Queens Town Road & Clapham Junction.

The park is easily accessible by both foot and cycle. There is plenty of cycle parking available in the park.

WHAT3WORDS

Event Village: ///points.case.agent

BEFORE YOU SET OFF

Arriving in good time will help ensure a smooth start for everyone. Please allow extra time to get parked and make your way to the start area.

RACE PACK

YOUR TIMES

DISTANCE	START	COLLECTION
5K	11:11am	9:45am – 10:45am
10K	11:15am	9:45am – 10:45am
Half Marathon	10:30am	9:00am – 10:00am

MINIMUM AGE 5K 11+ · 10K 15+ · Half Marathon 17+

PLEASE DO THIS BEFORE RACE DAY

COMPLETE YOUR RUNNER INFORMATION FORM

It only takes a couple of minutes, and it means our medical team has your emergency contact and any medical details to hand, so they can look after you quickly if you need them.

FILL IN THE FORM NOW ›

BY POST

Entered on or before Saturday 31st October? Your race pack will be posted to you ahead of race day.

Not arrived in time? Get in touch with info@runthrough.co.uk and we'll help.

ON THE DAY

Entered after Saturday 31st October? Collect your race pack from the registration desks in the Event Village.

WEARING YOUR BIB

Pin your race number to the front of your top so our team can see it easily. Your timing chip is on the back, so please leave it attached — and take a moment to fill in the medical details on the back too, just in case.

EVENT VILLAGE

TOILETS | REFRESHMENTS | PARKING | SPECTATORS | DOGS

BAG DROP

- There's a bag drop in the Event Village — just follow the signs.
- Your baggage tag is the strip at the bottom of your race number: tear it off, attach it to your bag and hand it to our bag drop team.
- To collect your bag after your race, simply show your race number.

TOILETS

Toilets are at the Event Village — follow the signs. Queues build in the final half hour before the start, so go early!

Should you require any sanitary products, please visit our staff at the information marquee who will be able to help you.

On the course:

There are public toilets within the park which you will pass on each lap of your race.

RACE DAY ETIQUETTE

Something not right? Pop over to the Information tent, have a word with any of our team, or get in touch with info@runthrough.co.uk — we're always happy to help.

- Be considerate and respectful to other runners, race staff & members of the public.
- Refrain from demeaning, discriminatory or harassing behaviour and speech.
- Be mindful of your surroundings and your fellow participants.
- Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.

RACE DAY

WARM UP

There will be a group warm-up in the event village which will take place 15 minutes prior to the start of each race. From here, we will call out estimated finish times to get all runners lined up and ready to run.

WATER STATIONS

Water stations are positioned on every lap , with a bottle of water waiting for you at the finish line too. We recommend staying hydrated in the lead-up to the event.

Litter zones:

Just after each water station there's a signed litter zone. Please drop your bottle or cup inside it rather than on the course — there are no road sweepers, so our team collects every one by hand. Thank you for helping us keep the course clean for everyone, including our neighbours.

HEADPHONES

Please note, headphones are not permitted unless bone-conduction. If you use bone-conduction, please keep the volume low so you can hear marshal instructions and remain aware of your surroundings at all times. Thank you!

THE COURSE

The course will run on the flat tarmac paths within the grounds of Battersea Park. Marshals are positioned all around the course, with distance signs and arrows throughout. Listen for marshal instructions and be aware of the signage in place, especially where different distances diverge and rejoin.

Please email in if you plan on taking over 3 hours due to Park restrictions.

We will have marshals all around the course as well as signs and arrows — keep an eye out for them, especially where routes split.

GOOD TO KNOW

Due to the nature of a lapped course we ask that you remain to the left of the path at all times unless otherwise instructed by signage or a marshal. This will allow anyone needing to overtake to have a clear path on your right and ensure not only the safety but allow for the best experience throughout the race.

Please also be aware that we will have a safety bike ahead of the lead runner of each distance to prevent any collision around the laps. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

Please note: this event takes place on public paths that may also be used by pedestrians. While every effort is made to manage shared use areas and ensure runner safety, including signage and marshal presence, we kindly ask all participants to remain aware of their surroundings throughout the race.

SiS gels will also be provided at the water stations. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

DISTANCE	LAPS	SIGNS
5K	2	Red
10K	4	Green
Half Marathon	8.75	Yellow

5K ROUTE >

10K ROUTE >

HALF MARATHON ROUTE >

COURSE MAPS

5K



10K



HALF MARATHON



AFTER YOUR RUN

FINISH LINE
Keep moving through the funnel to make room for runners behind you.

YOUR MEDAL
Every finisher gets a well-earned medal.

GOODIES
Grab water and post-race treats on your way out.

EVENT MERCH
Pre-ordered kit? Collect it at the RT Kit stall.

YOUR RESULTS See your chip time after you finish ›

RACE PHOTOS Free to download after the race ›

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SHARE YOUR RACE · TAG @RUNTHROUGHUK

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RANKINGS
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QUESTIONS?
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THANK YOU FOR RUNNING WITH US

We hope you have a brilliant day — see you at the next RunThrough event!

RunThrough



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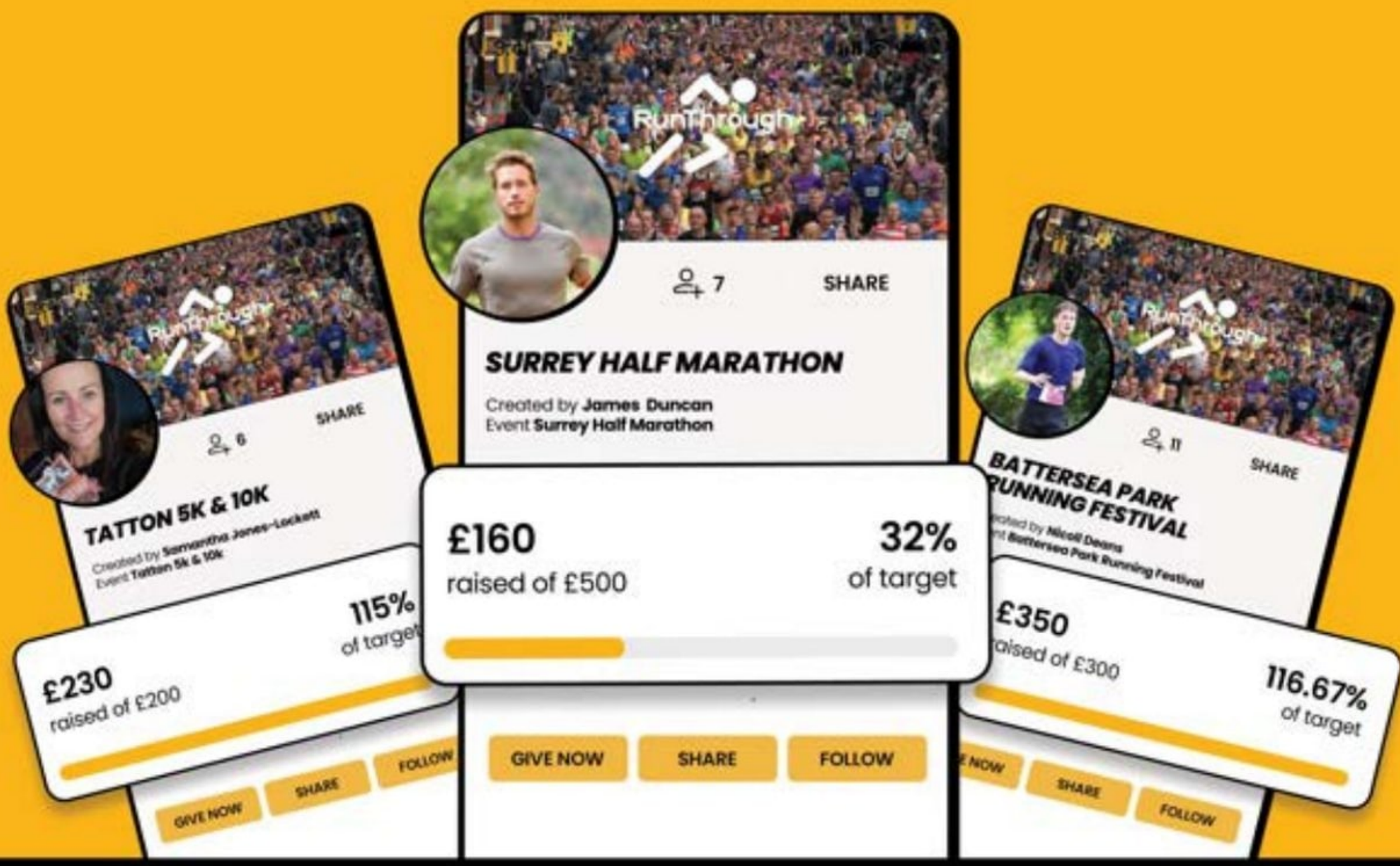
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