



MACCLESFIELD RUNNING FESTIVAL 5K, 10K & HALF MARATHON SUNDAY 18TH OCTOBER 2026

EVENT GUIDE



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AND OFFERS**



WELCOME

The RunThrough Team is excited to have you join us for your upcoming race!
Our mission is straightforward:

TO INSPIRE ACTIVE NATIONS THROUGH RUNNING.

By hosting inclusive and welcoming events for everyone, fuelled by our shared passion for running and community, we strive to create events that leave lasting memories for every participant.

Our team is a diverse blend of running enthusiasts and seasoned event organisers. With countless race experiences, we are experts at event organising while understanding the journey of all runners.

Rest assured, whether you're chasing a PB or completing your first race, you're among friends who understand the exhilarating highs of completing an event.

As race day approaches, safety is our top priority. Our team (pictured) will be on the ground doing everything to ensure you have the best experience at this RunThrough event.

We look forward to seeing you on race day, don't hesitate to say hello!

Wishing you the best on race day!

The RunThrough Team



KANE

CONNOR

SOPHIE

STEPHEN

OLLY

TRAVEL

Address: Macclesfield Leisure Centre, Priory Ln, Macclesfield SK10 4AF

By Car:

Please note: there is no parking at Macclesfield Leisure Centre.

Parking for runners is available at King's School in Macclesfield, approximately one mile from the start line. This can be accessed HERE. Please allow plenty of time to park and make your way to the event village and start line before your race.

A limited number of parking spaces are also available at Fallibroome Academy.

Out of respect for residents, the venue and other road users, please use only designated car parks and avoid parking on residential streets.

For alternative parking options, please check Parkopedia.

By Public Transport:

Getting there from the Train station will need careful planning. Be sure to give yourself plenty of time!

The nearest train station is Macclesfield, which is a 10 minute drive or taxi to the start.



what3words

Event Village:

///deals.cuts.cubs

RACE PACK

START TIMES

HM	9:00am
10K	9:30am
5K	9:45am

RACE PACK COLLECTION TIMES

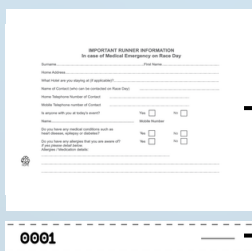
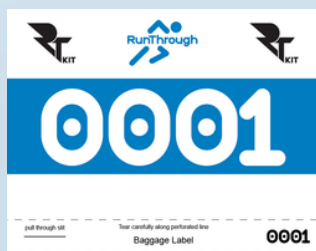
HM	7:30-8:30am
10K	8:00-9:00am
5K	8:15-9:15am



FOR ENTRIES ON OR BEFORE THE 30TH SEPTEMBER YOUR RACE PACK SHOULD ARRIVE BY POST

If your pack hasn't arrived by 30th September please email us at info@runthrough.co.uk and we'll make sure you have a replacement to collect on the day.

- If you've entered after the 30th September, on arrival make your way down to the registration desks.
- Your number will be assigned on the day.
- Attach your number to the front of your shirt or shorts (we recommend safety pins or magnets).
- Please ensure your bib is on display at all times.
- Your timing chip will be attached to the back of your race bib, please do not tamper with or try to remove this.



INCLUDED:

— **BIB NUMBER
& TIMING CHIP**

— **BAGGAGE LABEL**



Please take a couple of minutes to fill out the brief runner information form below and on the back of your bib.

This will help us in case of an emergency!

[CLICK FOR FORM](#)

[CLICK FOR ENTRY LIST & RESULTS](#)



EVENT VILLAGE

FACILITIES

TOILETS



REFRESHMENTS



PARKING (KING'S SCHOOL)



SPECTATORS
WELCOME



TOILETS

There will be portable toilets available to use in the Event Village.

If you live locally we recommend using toilets at home.

BAG DROP

- Please limit the number of belongings you bring to the event.
- Informal bag drop is within the event village for those who need it.
- Your baggage tag is attached to your race number.
- Tear off the strip and attach it to your bag.
- Leave your bag in our bag drop marquee.
- Collect your bag after your race.

RACE DAY ETIQUETTE

At RunThrough we are massive advocates that running truly is for anyone. Whatever your ability, gender, age or ethnicity, we're here to support you.

Whilst at a RunThrough event, we hope you feel safe, encouraged and included. In order to achieve this, we have a few simple rules we'd like our runners to follow:

- **Be considerate and respectful to other runners, race staff & members of the public.**
- **Refrain from demeaning, discriminatory or harassing behaviour and speech.**
- **Be mindful of your surroundings and your fellow participants.**
- **Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.**

If you see or experience anything that challenges these or makes you feel uncomfortable, please don't hesitate to visit our Information tent or speak to a member of our team. (We can be found in Blue High-vis jackets!) Or if you prefer you can email us at info@runthrough.co.uk.

We're always available to deal with any issues, offer support or simply just have a chat! We're on hand to ensure everyone has the best race day experience possible and feels supported throughout the day.

WARM UP & RACE START

We will have a warm up in the event village 15 minutes prior to the start of each race. From here, we will call out estimated finish times to get all runners lined up and ready to run.

DURING THE RACE

We will have marshals all around the course as well as distance signs and arrows.

Half Marathon will follow Yellow Mile signs 1-13

10k will follow Green KM signs 1-9

5k will follow Red KM signs 1-4.

Please familiarise yourself with the course before you start. There will be some areas of the course where the distances will split from each other, and other areas where the distances merge back together. Look out for distance specific signage (e.g. a directional arrow with '10k' wording on), and listen for marshal instructions.

Please also be aware that we will have a bike ahead of the lead runner of each distance to prevent any collision around the course. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

Please drain and discard all litter and bottles within the signed litter zones, shortly after each water station. There are no road sweepers, our event team picks up all litter by hand, so please help them to keep the course litter free for other runners and the local community.

A limited number of SiS gels will also be provided at the 2nd HM water station. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

Please note, due to road closures in place there is a 3hr cut off on the half marathon. If you think you'll take longer than this time, please email info@runthrough.co.uk to discuss your options.

WATER STATIONS

There are water stations which you will pass at 3.5, 7, & 10 miles on the Half Marathon route, and at 5k & 8k on the 10k course, please help yourself to these as you pass.
The 5k will not pass a water station.

There will also be a bottle of water waiting for you at the finish line.

We recommend bringing your own water and nutrition/gels to help you stay hydrated and fuelled before and during the event.



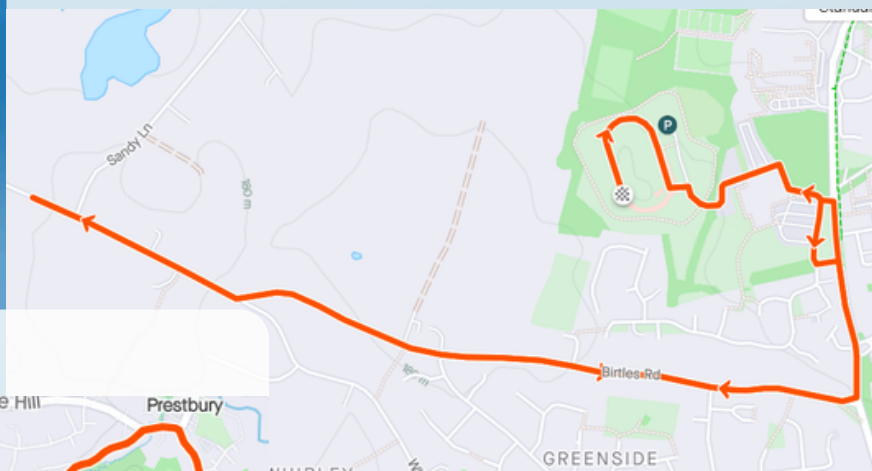
Please note, headphones are not permitted, unless bone conducting. Should you choose to wear these, we ask you keep the volume low in order to remain aware of your surroundings at all times and can hear any marshal instructions during the race.

**LOOK OUT FOR THE
LITTER ZONE SIGNAGE!**



COURSE MAPS

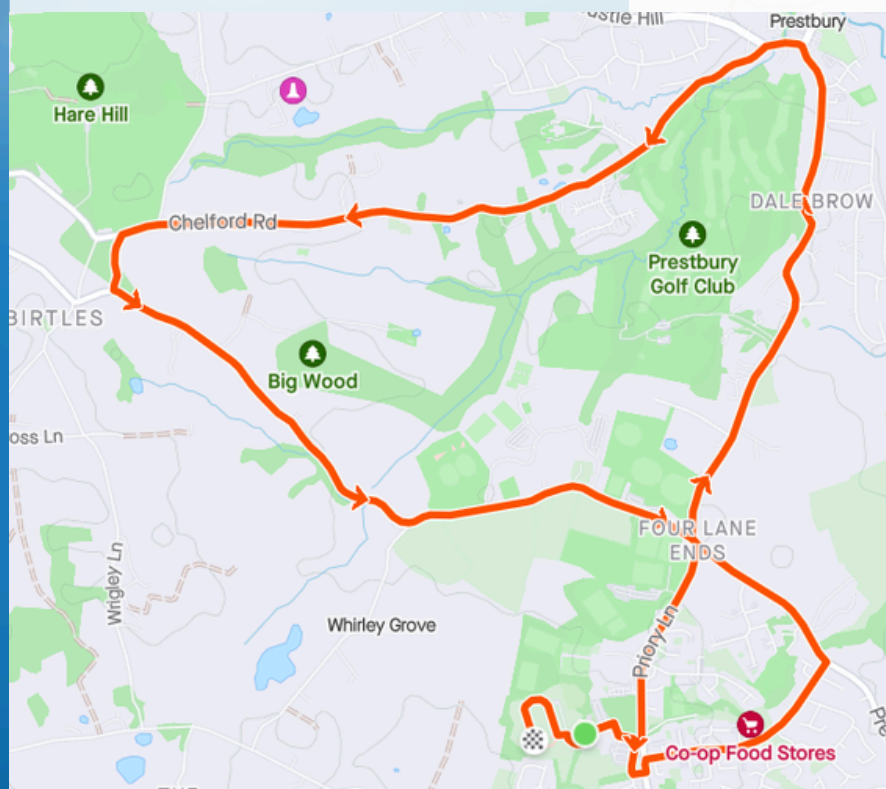
5K



[CLICK FOR 5K](#)

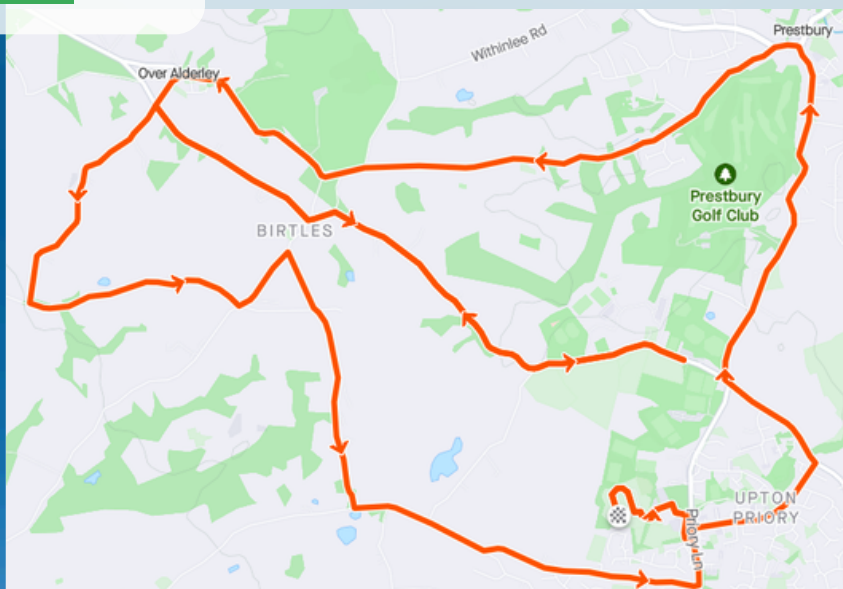
[INTERACTIVE MAP](#)

10K



[CLICK FOR 10K INTERACTIVE MAP](#)

HALF MARATHON



[CLICK FOR HM INTERACTIVE MAP](#)



THE FINISH LINE

Please continue walking through the finish funnel to collect your medal and all your post-race goodies!

These will consist of a bottle of water and snacks from our sponsors.



THE MEDAL



EVENT MERCH

If you have purchased an event T-shirt or hoodie with your race entry, please head to the RT Kit stall on the day of your race, with your order confirmation and we will have your item ready for collection!

If you've not pre-ordered kit, but would like to purchase some, these are available below.

(Please note: Kit purchased within 4 days of the race may not be ready to collect. Any kit not ready for collection will then be posted out.)

PURCHASE HERE



RESULTS & PHOTOS

PHOTOS

We will have a photographer taking a few snaps of the race, which will be made available on our photos page after the race.

Click the camera to visit the page!



SOCIAL MEDIA

Q runthroughuk



Click the icons to visit our pages!

Shoutout your friends, celebrate your achievements and share your story with us! We love to hear from you!



Click to see our FAQ's or chat to our AI assistant for instant answers, or request to speak with a member of our team if you need further support.

RESULTS AVAILABLE AT
WWW.RESULTS.RUNTHROUGH.CO.UK

RUNTHROUGH RANKINGS

Find your times, follow your progress and watch the small wins add up across the RunThrough community at www.RunThroughRankings.com



GO FURTHER SEE MORE

15% off for RunThrough runners
Use code: RTEVENTS15

[SHOP THE FULL RANGE](#)

STRUCTURE

INSPIRATION

SUPPORT

GUIDANCE

TAKE YOUR RUNNING TO NEW LEVELS

REAL COACHES FOR REAL RUNNERS.





GET INVOLVED!

VOLUNTEERS

RACE ENTRY CREDITS VALUED AT:

- **£40 - 5K/10K**
- **£65 - HALF MARATHON**
- **£100 - MARATHON/ULTRA**

RT KIT REWARDS ON MULTIPLE EVENTS ATTENDED



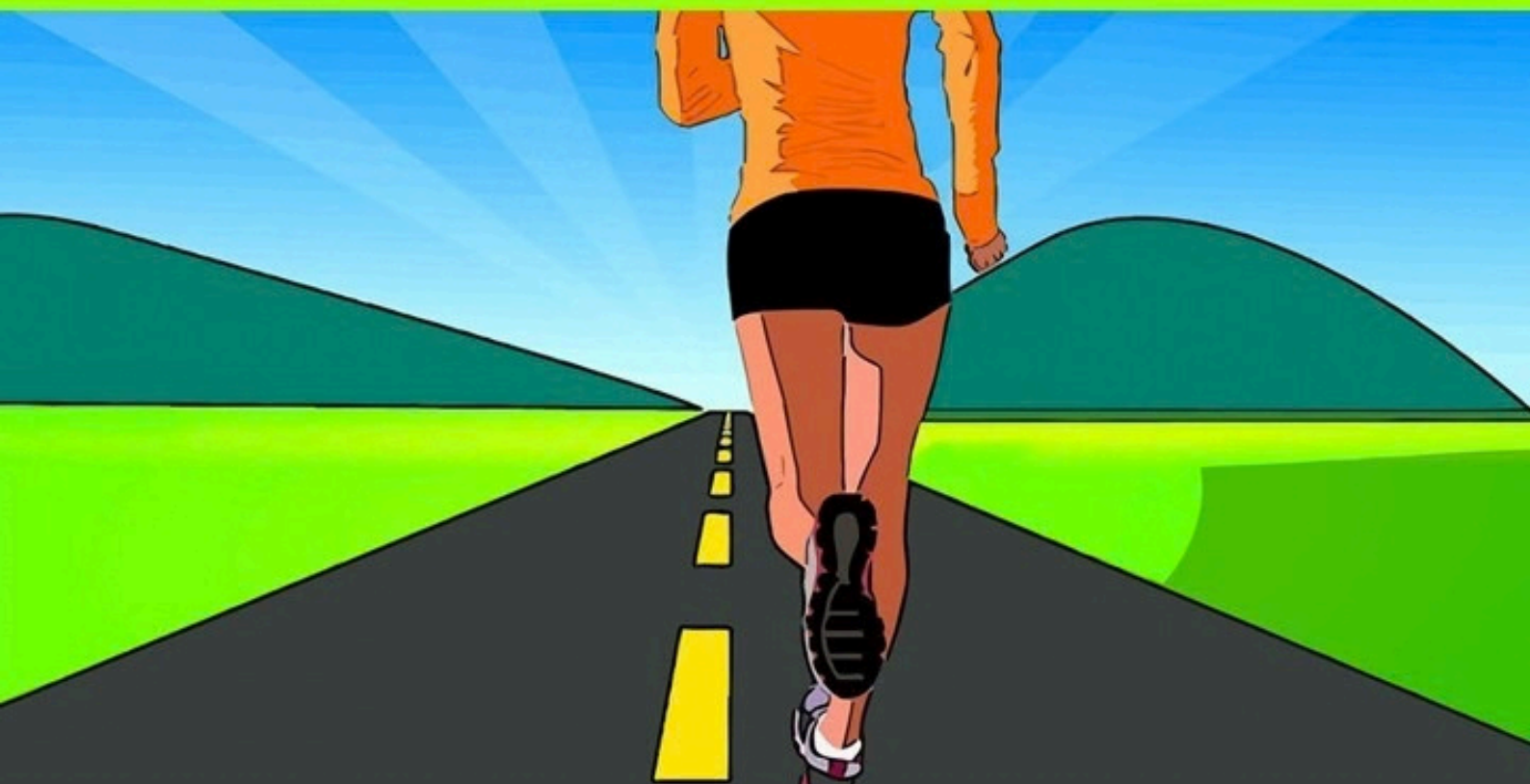
Here at RunThrough we are always looking for like-minded people to join our community.

WWW.RUNTHROUGH.CO.UK/VOLUNTEER

Preloved running clothes sale

Sunday 18 October

at Macclesfield Running Festival



In recognition of the two Macclesfield Harriers members who have been diagnosed with Motor Neurone Disease, all proceeds will be donated to the Cheshire branch of the Motor Neurone Disease Association (MNDA).

Items must be clean and in great condition.

- No dirt, stains or marks
- No tears or holes
- No saggy (stretched) bottoms
- No worn shoes
- No 10k/marathon race tees please

Bring on the day!

Buy on the day! **Cash sales only!**



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Energy to test your athletic skills?

There's a for that



Vitamin B12 contributes to normal energy-yielding metabolism and the reduction of tiredness and fatigue.



Find your gold

Food supplement for adults. Do not exceed the daily recommended dose. Do not use as a substitute of a varied & balanced diet, and a healthy lifestyle. For directions for use, refer to product label.

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IN RUNNING**



GET 15%^{*}
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**Find your discount code on the
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*Code valid on in-season products only (exclusions apply). Code valid for one use only. Code valid for limited period. T&Cs apply.

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BROOKS



OFFICIAL PARTNER

THEY'RE MAKING A DIFFERENCE, ARE YOU?

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GET FUNDRAISING





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Provided on course for every runner to help fuel your performance.



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**ISOTONIC
FORMULA**



**INFORMED SPORT
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**AIM FOR 60G OF
CARBOHYDRATES
PER HOUR**





MAXIMUM STRENGTH PAIN RELIEF FOR SPRAINS, STRAINS AND RUNNING INJURIES



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TARGETED
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POWERFUL
ANTI-INFLAMMATORY
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OF PAIN



WORKS DEEP IN THE
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FASTER RECOVERY*
*vs non-medicated gel.

THE OFFICIAL PAIN RELIEF PARTNER OF RUNTHROUGH



RUNNING WORKSHOPS

TAKE YOUR RUNNING TO NEW LEVELS

Expert coaching workshops for smarter training
Improve technique & performance
Supportive environment for all abilities

[FIND OUT MORE](#)

RUNNER
RETREATS&TOURS

AMSTERDAM

MARATHON & HALF MARATHON
TOUR

16 - 19 OCTOBER 2026

SEVILLE

MARATHON TOUR

19 - 22 FEBRUARY 2027

[BOOK YOUR SPOT →](#)



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BROOKS



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Interested in supporting an event?

Email: partners@runthrough.co.uk