RunThrough

OFFICIAL EVENT GUIDE

WIMBLEDON COMMON

10K · HALF MARATHON

SUNDAY 22ND NOVEMBER 2026



VENUE

SW15 3PQ

EVENT VILLAGE OPENS

8:00AM

IN SUPPORT OF

BEDER

BEDER

RunThrough

WIMBLEDON COMMON • EVENT GUIDE

SUNDAY 22ND NOVEMBER 2026

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WELCOME

A MESSAGE FROM YOUR RACE DIRECTOR

Welcome to Wimbledon Common! Everything you need for race day is in this guide: how to get here, your race pack, the course and what happens at the finish. Whether you're chasing a PB or running your first race, we can't wait to see you on the start line.

R

THE RUNTHROUGH TEAM
RUNTHROUGH

RACE WEEK UPDATES

If anything changes before race day — timings, the course or the weather — we'll email you at the address you booked with and on our social channels (@runthroughuk). Keep an eye on your inbox (and junk folder) in the days before.



GETTING HERE

EVENT LOCATION

RICHARDSON EVANS MEMORIAL PLAYING FIELDS, ROEHAMPTON VALE, LONDON, SW15 3PQ

PARKING

No parking on-site, runners advised to take public transport to venue.

PUBLIC TRANSPORT

Wimbledon Common Half Marathon & 10k:

Address: Richardson Evans Memorial Playing Fields, Roehampton Vale, London, SW15 3PQ

If using the app What3Words, use the words ///dates.weep.shapes for exact event village location

Public transport:

Getting there from the Tube/Train station will need careful planning. Be sure to give yourself plenty of time!! You can get an 85 or a 265 bus to the start of the race, you will need to get off at the Roehampton Vale Campus (Kingston University Roehampton Campus).

By car:

There is no on site parking. If you are planning on driving, we recommend using Parkopedia.com to find a suitable spot. If you're getting dropped off, please use the Asda Car Park located HERE and walk over. This is the closest safe space to pull in.

By Foot:

The park is easily accessible by foot. Please watch out for other park users when arriving and leaving.

WHAT3WORDS

Event Village: ///dates.weep.shapes

BEFORE YOU SET OFF

Arriving in good time will help ensure a smooth start for everyone. Please allow extra time for your journey and to make your way to the start area.

RACE PACK

YOUR TIMES

DISTANCE	START	COLLECTION	CUT-OFF
10K	9:50am	8:20am – 9:20am	—
Half Marathon	9:30am	8:00am – 9:00am	12:30

MINIMUM AGE 10K 15+ · Half Marathon 17+

PLEASE DO THIS BEFORE RACE DAY

COMPLETE YOUR RUNNER INFORMATION FORM

It only takes a couple of minutes, and it means our medical team has your emergency contact and any medical details to hand, so they can look after you quickly if you need them.

FILL IN THE FORM NOW >

COLLECTING YOUR RACE PACK

Collect your race pack from the registration desks in the Event Village on race day.

WEARING YOUR BIB

Pin your race number to the front of your top so our team can see it easily. Your timing chip is on the back, so please leave it attached — and take a moment to fill in the medical details on the back too, just in case.

EVENT VILLAGE

TOILETS ✓ | **REFRESHMENTS** ✓ | **PARKING** ✗ | **SPECTATORS** ✓

BAG DROP

- We will have a secure marquee where you can leave your baggage.
- We recommend you bring as little baggage as possible.
- Your baggage tag is attached to your race number, you simply tear it off and attach to your bag.
- To collect, show your number to our staff and they will help you find your baggage.

TOILETS

There will be toilets available in the event village.

Should you require any sanitary products, please visit our staff at the information marquee who will be able to help you.

RACE DAY ETIQUETTE

Something not right? Pop over to the Information tent, have a word with any of our team, or get in touch with info@runthrough.co.uk — we're always happy to help.

- Be considerate and respectful to other runners, race staff & members of the public.
- Refrain from demeaning, discriminatory or harassing behaviour and speech.
- Be mindful of your surroundings and your fellow participants.
- Help us keep the course pleasant for everyone by refraining from pushing, spitting and littering.

RACE DAY

WARM UP

There will be a group warm-up 15 minutes prior to the start of each race. From here, we will call out estimated finish times to get all runners lined up and ready to run.

COURSE CUT-OFF: 12:30 (HALF MARATHON)

If you think you may take longer than the cut-off time, please email info@runthrough.co.uk before the event so we can advise on the options — we want everyone to finish, and knowing in advance lets us keep the course and marshals in place for you where we can.

WATER STATIONS

There is a water station providing cups at 3. 5 miles, 7 miles, 10 miles and 12miles on the Half marathon course, and at 5k on the 10k. Please help yourself to these as you pass. There will also be a bottle of water waiting for you at the finish line. We recommend bringing your own water and nutrition/gels to help you stay hydrated and fuelled before and during the event.

Litter zones:

Just after the water station on each lap there's a signed litter zone. Please drop your bottle or cup inside it rather than on the course — there are no road sweepers, so our team collects every one by hand. Thank you for helping us keep the course clean for everyone, including our neighbours.

HEADPHONES

Please note, headphones are not permitted unless bone-conduction. If you use bone-conduction, please keep the volume low so you can hear marshal instructions and remain aware of your surroundings at all times. Thank you!

THE COURSE

The route will follow a mix of undulating gravel, tarmac/paths around Wimbledon Common. We highly recommend using trail shoes on this course, especially during periods of wet weather.

Please note - This event takes place on public paths that may also be used by pedestrians and cyclists. While every effort is made to manage shared use areas and ensure runner safety, including signage and marshal presence, we kindly ask all participants to remain aware of their surroundings throughout the race.

We will have marshals all around the course as well as signs and arrows — keep an eye out for them, especially where routes split.

GOOD TO KNOW

Due to the nature of a lapped course we ask that you remain to the left of the path at all times unless otherwise instructed by signage or a marshal. This will allow anyone needing to overtake to have a clear path on your right and ensure not only the safety but allow for the best experience throughout the race.

Please also be aware that we will have a safety bike ahead of the lead runner of each distance to prevent any collision around the laps. They will be vocal when coming towards you from behind so be sure to listen out for any additional instructions.

SiS gels will also be provided at the 2nd Water station on the Half Marathon Course. If you choose to take a gel or provide your own, please retain the packets and tear off tops on your person, or discard within the bins provided. With respect for the marshals, venue and environment, littering of any kind won't be tolerated.

DISTANCE	LAPS	SIGNS	TERRAIN
10K	1	Red Trail Flags	Mixed terrain
Half Marathon	2	Red Trail Flags	Mixed terrain

10K ROUTE >

HALF MARATHON ROUTE >

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COURSE MAPS





AFTER YOUR RUN

FINISH LINE
Keep moving through the funnel to make room for runners behind you.

YOUR MEDAL
Every finisher gets a well-earned medal.

GOODIES
Grab water and post-race treats on your way out.

EVENT MERCH
Pre-ordered kit? Collect it at the RT Kit stall.

YOUR RESULTS See your chip time after you finish ›

RACE PHOTOS Free to download after the race ›

BUY EVENT MERCH ›

SHARE YOUR RACE · TAG @RUNTHROUGHUK

The RunThrough Podcast

WATCH ON YOUTUBE ›

LISTEN ON SPOTIFY ›

RANKINGS
Every race you run with us, all in one place. ›

QUESTIONS?
Our FAQs have the answers to most things. ›

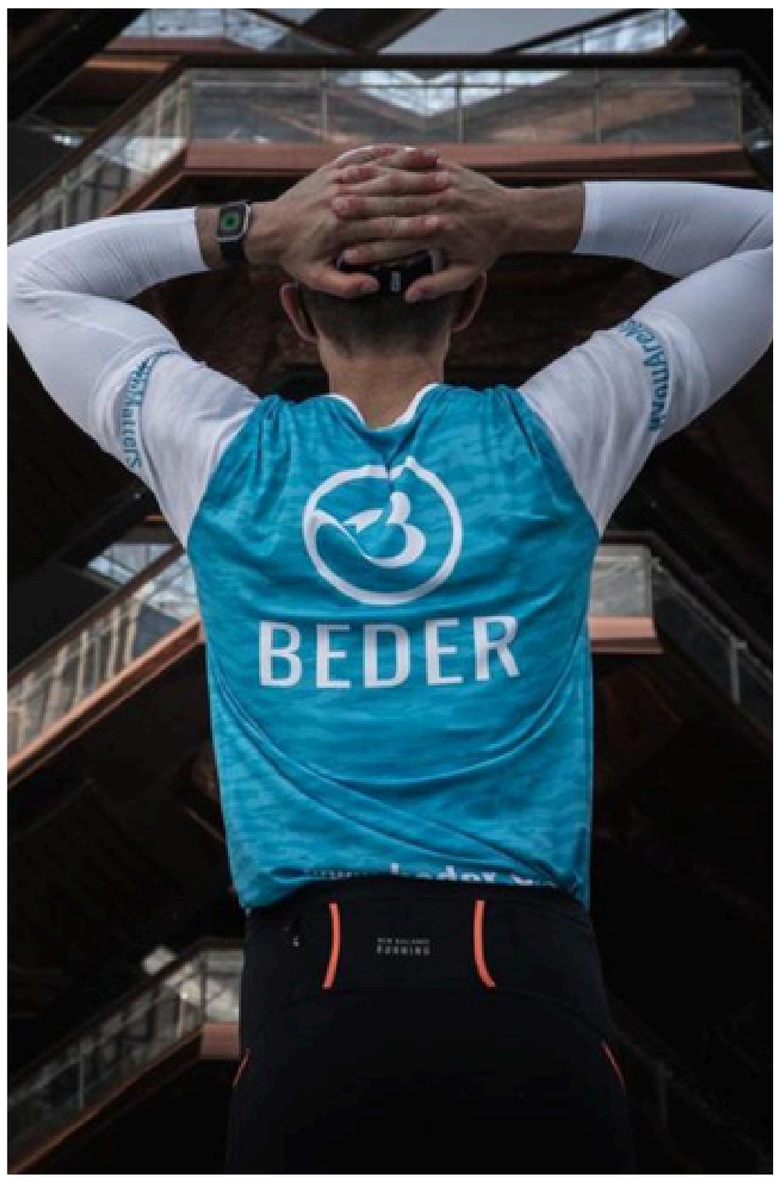
THANK YOU FOR RUNNING WITH US
We hope you have a brilliant day — see you at the next RunThrough event!

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www. beder.org.uk



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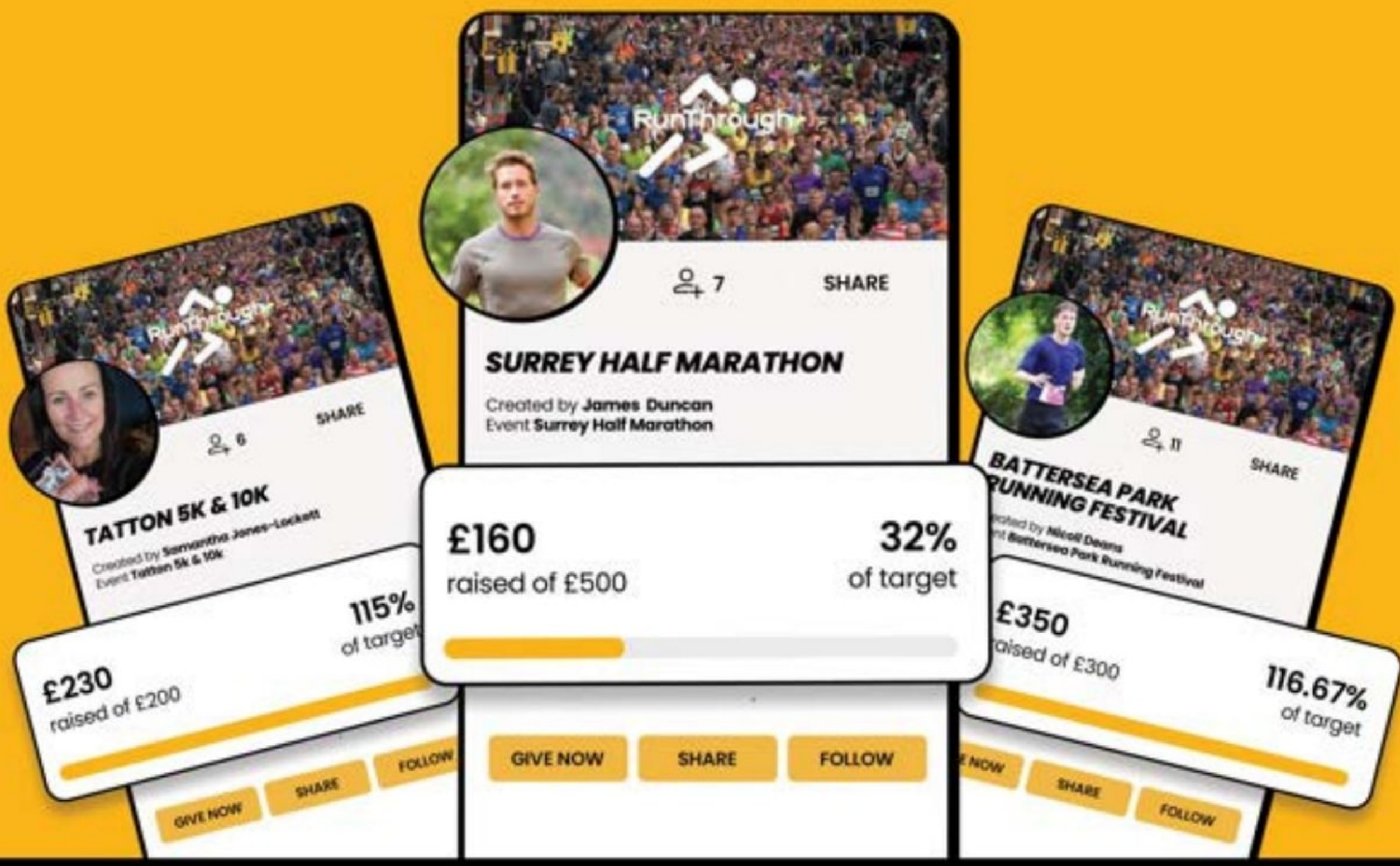
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